Assessment of Life Habits

(LIFE-H 3.0)

General Long Forr	n
Information Record For	rm
Name	
DD M	IM YYYY
2 Date of birth /	
3 Gender ☐ Female ☐ M	ale
DD _M	M YYYY
4 Date of evaluation /	
How the questionnaire was co	ompleted
Self-administered Interview	
The respondent is	
☐ The person	
A significant other A professional (na	me and discipline)
7	
The level of satisfaction is that	t of
☐ The person ☐ The significant oth ☐ The professional	er
Edition January 2005 © INDCP–All rights reserved	INDCP 525, boul. Wilfrid-Hamel Est, local A-08 Quebec (Quebec) Canada G1M 2S8

Email: ripph@irdpq.qc.ca

Life Habits Categories	Number of Applicable Life Habits	Raw Score $(\Sigma \text{ of scores})$	Weighted Score (see formula)
Nutrition			
Fitness			
Personal Care			
Communication			
Housing			
Mobility			
Responsibilities			
Interpersonal Relationships			
Community Life			
Education			
Employment			
Recreation			
Total			/10

	Life Habit	ts Accomplishment Scale
Score	Difficulty Level	Assistance Type
9	No difficulty	No assistance
8	No difficulty	Assistive device (or adaptation)
7	With difficulty	No assistance
6	With difficulty	Assistive device (or adaptation)
5	No difficulty	Human assistance
4	No difficulty	Assistive device (or adaptation) and human assistance
3	With difficulty	Human assistance
2	With difficulty	Assistive device (or adaptation) and human assistance
1	Accomplished by a proxy	
0	Not accomplished	
N/A	Not applicable	

Accomplishment Level Calculation (Weighted Score) $(\sum Scores \times 10) \div (Number of Applicable Life Habits <math>\times 9)$

Questionnaire

Answer the following two questions. **Question 1 Question 2** (Check the appropriate boxes.) B Type of Level of Level of Accomplishment Assistance Satisfaction For each of the following life habits, indicate (Check only 1) (Check 1 or more, A. How the person generally accomplishes it, as required) Accomplished by a proxy B. The type of assistance required to accomplish it. Not accomplished Ssistive device Not applicable For each of the following life habits, indicate the level of satisfaction with the way it is accomplished. Note: Keep in mind that answers should reflect the person's usual way of carrying out life habits. Diet Planning food purchases (grocery list) 1.1.1 Selecting appropriate food for your meals, 1.1.2 according to your taste and diet (quantity and quality) **Meal Preparation** Preparing simple meals (daily meals 1.2.1 of meat and vegetables, sandwiches, etc.) Preparing complex meals (multiple courses, 1.2.2 including following a recipe, etc.) Using a stove 1.2.3 Using an oven 1.2.4 Using a microwave oven 1.2.5 Using a refrigerator (including freezer) 1.2.6 Operating other electric kitchen appliances 1.2.7 (coffee machine, food processor, etc.) Setting and clearing the table 1.2.8 Serving food 1.2.9 Washing and drying dishes 1.2.10 Using a dishwasher 1.2.11 **Eating Meals** Conforming to table manners according to the 1.3.1 context (eating tidily, using proper etiquette, etc.) Using a glass or cup 1.3.2 Eating with utensils or hands 1.3.3

Answer the following two questions. Question 2 **Question 1** (Check the appropriate boxes.) B Type of A Level of Level of Accomplishment **Assistance** Satisfaction For each of the following life habits, indicate (Check only 1) (Check 1 or more, (Check only 1) A. How the person generally accomplishes it, as required) Accomplished by a proxy More or less satisfied B. The type of assistance required to accomplish it. Human assistance Not accomplished Very dissatisfied Assistive device Not applicable With difficulty No assistance For each of the following life habits, indicate Adaptation Dissatisfied the level of satisfaction with the way it is accomplished. Note: Keep in mind that answers should reflect the person's usual way of carrying out life habits. Cutting up food L 1.3.4 Sleep Getting in and out of bed 2.1.1 Changing positions in bed 2.1.2 Going to sleep and sleeping properly 2.1.3 (comfort, duration, etc.) Waking up 2.1.4 **Physical Fitness** Participating in indoor physical activities 2.2.1 to maintain or improve your physical health or fitness Participating in outdoor physical activities 2.2.2 to maintain or improve your physical health or fitness **Mental Well-being** Carrying out relaxation activities 2.3.1 (listening to music, reading, etc.) Carrying out activities to ensure your 2.3.2 psychological or mental well-being (yoga, meditation, personal growth, etc.) Carrying out activities that require attention 2.3.3 or concentration (checkers, memory tasks, crossword puzzles, etc.) **Personal Care** Taking a bath or shower 3.1.1 Washing and drying the lower half of your body 3.1.2 Washing and drying the upper half of your body 3.1.3 Washing your hair 3.1.4 1 1 Drying your hair 3.1.5 Combing and styling your hair 3.1.6

Answer the following two questions.	Question 1	Question 2					
(Check the appropriate boxes.)	A Level of B Type of	Level of					
1 For each of the following life habits, indicate A. How the person generally accomplishes it, and	Accomplishment (Check only 1) Assistance (Check 1 or more, as required)	Satisfaction (Check only 1)					
B. The type of assistance required to accomplish it.	a proxy	isfied					
2 For each of the following life habits, indicate the level of satisfaction with the way it is accomplished.	No difficulty With difficulty Accomplished by a proxy Not accomplished No assistance Assistive device Adaptation Human assistance	More or less satisfied Satisfied Very satisfied					
Note: Keep in mind that answers should reflect the person's usual way of carrying out life habits.	No di With Accon Not a No ass Assist Adapi Huma	More or le Satisfied Very satisf					
Brushing your teeth		3.1.7					
Shaving		3.1.8					
Blowing your nose	000000000000000000000000000000000000000	3.1.9					
Cleaning and cutting your fingernails and toenails	000000000000000000000000000000000000000	3.1.10					
Putting on make-up	00000000000	3.1.11					
Maintaining your orthoses, prostheses, and other aids (hearing aid, wheelchair, contact lenses, etc.)		3.1.12					
Elimination							
Undressing to use the toilet and re-dressing		3.2.1					
Using the toilet in your home (including transfer)	0000000000	3.2.2					
Using a toilet other than the one in your home		3.2.3					
Using equipment for urinating (condom, catheter, etc.)		3.2.4					
Using equipment for eliminating the contents of the bowel		3.2.5					
Maintaining the material required for urinating and bowel elimination		3.2.6					
Using feminine hygiene products		3.2.7					
Dressing							
Dressing and undressing the upper half of your body		3.3.1					
Dressing and undressing the lower half of your body		3.3.2					
Choosing appropriate clothing (according to the weather, type of activity, etc.)		3.3.3					
Changing clothes when they are soiled or dirty		3.3.4					
Getting clothes out of dresser drawers	00000000000	3.3.5					
Getting clothes out of the closet		3.3.6					
Putting on jewelry	00000000000	3.3.7					
Putting on and taking off orthoses and prostheses		3.3.8					

Answer the following two questions. Question 2 **Question 1** (Check the appropriate boxes.) B Type of A Level of Level of Accomplishment **Assistance** Satisfaction For each of the following life habits, indicate (Check only 1) (Check 1 or more, (Check only 1) A. How the person generally accomplishes it, as required) Accomplished by a proxy More or less satisfied B. The type of assistance required to accomplish it. Human assistance Not accomplished Very dissatisfied Assistive device Not applicable With difficulty No assistance For each of the following life habits, indicate Dissatisfied the level of satisfaction with the way it is accomplished. Note: Keep in mind that answers should reflect the person's usual way of carrying out life habits. **Health Care** Recognizing health problems 3.4.1 (infections, stress, anxiety, etc.) Looking after minor discomfort and light injuries 3.4.2 (Band-Aids, over-the-counter medicine, etc.) Taking prescribed medicine (including following 3.4.3 dosage and administration instructions) Renewing prescriptions 3.4.4 Following therapeutic instructions 3.4.5 (diet, exercises to be done at home, etc.) Asking for help in an emergency situation 3.4.6 (neighbor, police, ambulance, 911, health information line, etc.) Oral and Sign Communication Expressing your needs at home or with close 4.1.1 family members Expressing your needs outside the home or 4.1.2 L with people other than close family members Maintaining a conversation with a person 4.1.3 at home or within the community Maintaining a conversation with a group 4.1.4 of people at home or within the community Receiving and understanding oral information 4.1.5 at home or within the community **Written Communication** Communicating through writing 4.2.1 L (letter, message, etc.) Receiving and understanding written information 4.2.2 (written instructions, advertisements, road signs, etc.) Reading newspapers, magazines, books, letters, etc. 4.2.3

Answer the following two questions. **Ouestion 2 Ouestion 1** (Check the appropriate boxes.) B Type of A Level of Level of Accomplishment **Assistance** Satisfaction For each of the following life habits, indicate (Check only 1) (Check 1 or more, (Check only 1) A. How the person generally accomplishes it, as required) Accomplished by a proxy More or less satisfied B. The type of assistance required to accomplish it. Not accomplished Human assistance Very dissatisfied Assistive device With difficulty No assistance For each of the following life habits, indicate the level of satisfaction with the way it is accomplished. Note: Keep in mind that answers should reflect the person's usual way of carrying out life habits. **Telecommunication** Using a telephone at home or work 4.3.1 Using a public telephone 4.3.2 Watching television 4.3.3 Listening to the radio 4.3.4 Using a computer 4.3.5 Using a video or sound system 4.3.6 **Home-Centered Activities** Choosing a home that suits your needs 5.1.1 Planning and making a move 5.1.2 Organizing your home according to your 5.1.3 tastes and needs (including adapting your home) **Household Maintenance** Sweeping and vacuuming inside your home 5.2.1 Cleaning furniture (dusting, washing, etc.) 5.2.2 Cleaning household appliances 5.2.3 Doing the laundry 5.2.4 1 1 (including following cleaning instructions) Cleaning the bathroom 5.2.5 Washing the floor 5.2.6 Ironing 5.2.7 Folding and putting away clean laundry 5.2.8 Making a bed 5.2.9 Major household cleaning tasks 5.2.10 (walls, windows, etc.) Emptying waste-baskets and taking out 5.2.11 the garbage Mowing the lawn 5.2.12

Answer the following two questions.	Question Question								
(Check the appropriate boxes.)	_	A Level of B Type of					Level of		
1 For each of the following life habits, indicate A. How the person generally accomplishes it, and		(Check	mplish	ment	Assist (Check 1 as requir	l or more,	Satisfacti (Check only 1)		
B. The type of assistance required to accomplish it.			b' broxy			a a	sfied		
2 For each of the following life habits, indicate the level of satisfaction with the way it is accomplished.	No difficulty With disc.	Accomplished by a second	Not applicable	No assistance Assistance	Adaptation Human	Very dissatisfied	More or less satisfied Satisfied	Very satisfied	
Note: Keep in mind that answers should reflect the person's usual way of carrying out life habits.	No di With	Accon	Not a	No as Assict	Adap	Very	More or le	Very	
Shoveling snow	0 0			0		0 0		5.2.13	
Maintaining the grounds or the garden (flowers, potted plants, etc.)	• •	•		•		4	100	5.2.14	
Taking care of pets	00	0 0		0 2	00	9 6	10	5.2.15	
Taking care of indoor plants	00	0 0			00	10 0	0 0	5.2.16	
Doing minor repairs (changing light bulbs, fuses, etc.)		70	9		?		78	5.2.17	
Using small tools (hammer, screwdriver, etc.)	20	00	10				00	5.2.18	
Using heavy hand-held tools (saw, drill, etc.)	00				00	100		5.2.19	
Furniture and Household Equipment									
Entering and exiting your home	00	96		9 0	00	0 0		5.3.1	
Moving from one room to another in your home	0	00		0 0	00	0 0		5.3.2	
Moving around in your bathroom	00	00		0 0	0 0	0 0		5.3.3	
Moving around other rooms in your home	00	0 0		0	0	0 0		5.3.4	
Moving from one floor to another in your home	00	0 0		0 0	0 0	0 0		5.3.5	
Opening and closing doors in your home	00	0 0		0 0	0 0	0 0		5.3.6	
Opening and closing windows in your home	0 0	0 0		0 0	0	0 0		5.3.7	
Using various lights in your home		0						5.3.8	
Using storage space (cupboards, closets, etc.)		0 0						5.3.9	
Using safety systems and equipment (extinguisher, alarm, etc.)	• •			•		•		5.3.10	
Controlling the temperature and humidity of your home (heating, air-conditioning, etc.)	• •	•	•	•	•	0		5.3.11	
Using furniture (chair, sofa, table, desk, etc.)	00	0 0		0 0	0 0	0 0		5.3.12	
Using your balcony or patio	00	0 0		0	00	0 0		5.3.13	
Moving around within your building complex (convenience store, hairdresser, common rooms, etc.)	• •	•		•	•	•		5.3.14	
Getting from the street to the entrance of your home	•	•		•				5.3.15	

Answer the following two questions. (Check the appropriate boxes.)			Questior		Question 2
1 For each of the following life habits, indicate A. How the person generally accomplishes it,	A	(Check onl	lishment	Type of Assistance (Check 1 or more, as required)	Level of Satisfaction (Check only 1)
and B. The type of assistance required to accomplish it.		a proxy	þ	ų v	sfied
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Note: Keep in mind that answers should reflect the person's usual way of carrying out life habits.	No di With	Accon Not a	Not a No as Assist	Adap Huma Very	Dissatisfied More or le Satisfied Very satisf
Getting mail from your mailbox	00			000	5.3.16
Moving around the grounds of your home during the summer	•				5.3.17
Moving around the grounds of your home during the winter			19	99 91	5.3.18
Short-Distance Movement					
Getting around on slippery surfaces	20	10	00		6.1.1
Getting around on the sidewalk	20			0 0	6.1.2
Getting around on the street	00		NOD	102	6.1.3
Crossing an intersection with a traffic light	00		00	000	6.1.4
Crossing an intersection without a traffic light	00	PZ		000	6.1.5
Getting around on uneven surfaces (grass, gravel, sand, snow, etc.)					6.1.6
Using Transportation					
Walking as a means of transportation (the wheelchair is considered a technical aid)					6.2.1
Driving an automobile	00			000	6.2.2
Being a passenger in a car				000	6.2.3
Using public transportation (adapted transportation is considered an Adaptation)					6.2.4
Using school transportation (adapted school transportation is considered an Adaptation)					6.2.5
Taking a taxi (adapted taxis are considered an Adaptation)				• • •	6.2.6
Riding a bicycle	00			000	6.2.7
Riding a motorcycle	00			000	6.2.8
Taking a train	00			000	6.2.9
Taking a plane	00			000	6.2.10
Taking a boat (ferry)	00			000	6.2.11
Using long-distance bus services	00			000	6.2.12

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For each of the following life habits, indicate A. How the person generally accomplishes it, and B. The type of assistance required to accomplished.	Answer the following two questions.		Quest	ion 2				
A. How the person generally accomplishes it, and B. The type of assistance required to accomplish it. 2 For each of the following life habits, indicate the level of satisfaction with the way it is accomplished. Note: Keepin mind that answers should reflect the person's early way of carrying out life habits. Providing psychological support to your children Accepting assistance from your children Accepting assistance from your parents Providing psychological support to your parents Accepting assistance from your parents Providing syschological support to your parents Providing psychological support to your parents Providing psychological support to your family Providing psychological support to other members of your family Interpersonal Sexual Relationships Maintaining an acception relationship with another Interpersonal Affective Relationships Maintaining on motional relationships with your parents Maintaining emotional relationships Maintaining emotional relationships Maintaining emotional relationships With your parents Maintaining emotional relationships Maintaining emotional relationships With your parents Maintaining emotional relationships With other members of your family Maintaining in social activities with your parents Maintaining good of the person of	(Check the appropriate boxes.)	A			- /			
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members of your family	Taking part in social activities with your parents	00	000			000	8.3.3 L	
Maintaining social relationships with neighbors 000000000000000000000000000000000000		•					8.3.4 L	
	Maintaining social relationships with neighbors	00	000			000	8.3.5 L	

Answer the following two questions.	Question 1 Question						
(Check the appropriate boxes.)1 For each of the following life habits, indicate	(Check on	olishment ly 1)	Type of Assistance (Check 1 or more, as required)	Level of Satisfaction (Check only 1)			
B. The type of assistance required to accomplish it.	a proxy	p	Q.	pejįs			
2 For each of the following life habits, indicate the level of satisfaction with the way it is accomplished.	No difficulty With difficulty Accomplished by a proxy	Not applicable No assistance Assistive devic	Adaptation Human assistance Very dissatisfied	More or less satisfied Satisfied Very satisfied			
Note: Keep in mind that answers should reflect the person's usual way of carrying out life habits.	No di With Accon Not a	Not a No as Assist	Adapi Huma Very (Ulssatisfie More or I. Satisfied Very satis			
Maintaining social relationships with other people (work, school, leisure, etc.)				8.3.6			
Having hierarchical relationships at work or at school (employer-employee, professor-student, etc.)	• • • •		10	8.3.7			
Consuming Goods and Services							
Carrying out banking transactions at your financial institution	993			9.1.1 ∟			
Carrying out banking transactions at an automatic teller machine (ATM)	200	790	194	9.1.2			
Using the various services provided by a medical clinic, hospital, or rehabilitation center	1 12			9.1.3			
Using the services offered by community social service organizations (homecare, psychological, and social services, etc.)	1			9.1.4			
Going to, entering, and moving around service establishments in your neighborhood (health, government, church, etc.)				9.1.5			
Using government services (legal aid, grant programs, social assistance, compensation, etc.)	• • • •			9.1.6			
Making purchases (choosing merchandise, method of payment, phone orders, etc.)	• • • •			9.1.7			
Using local businesses (supermarket, shopping mall, cleaners, etc.)	• • • •			9.1.8			
Using a vending machine	0000			9.1.9			
Eating at a restaurant (table service)	0000			9.1.10			
Eating at a fast-food restaurant	0000			9.1.11 _			
Using postal services (stamps, sending and receiving packages, etc.)	• • • •			9.1.12 L			
Going to, entering, and moving around in local businesses (supermarket, shopping mail, convenience store, etc.)				9.1.13			

Answer the following two questions. Question 2 **Question 1** (Check the appropriate boxes.) B Type of A Level of Level of Accomplishment **Assistance** Satisfaction For each of the following life habits, indicate (Check only 1) (Check 1 or more, (Check only 1) A. How the person generally accomplishes it, as required) Accomplished by a proxy More or less satisfied B. The type of assistance required to accomplish it. Not accomplished Human assistance Very dissatisfied Assistive device With difficulty No assistance For each of the following life habits, indicate Dissatisfied the level of satisfaction with the way it is accomplished. Note: Keep in mind that answers should reflect the person's usual way of carrying out life habits. **Volunteer Associations** Participating in the activities of an organization that 9.2.1 promotes rights (human rights, ecology, unions, etc.) Participating in the activities of a political party 9.2.2 Participating in social group activities 9.2.3 (Lion's club, scouts, etc.) Participating in self-help group activities 9.2.4 Participating in religious group activities 9.2.5 **Education** (If you are not studying, check here and go to the section "Seeking employment".) Taking a course 10.0.1 Doing course work at school 10.0.2 (labs, sciences, computers, etc.) Taking notes 10.0.3 Writing exams 10.0.4 ____ Doing homework 10.0.5 Working on team projects 10.0.6 Participating in activities organized by 10.0.7 the school (extra-curricular, special days, etc.) Using school infrastructures (cafeteria, 10.0.8 library, playground, school daycare center, etc.) Getting to, entering, and moving around 10.0.9 your place of study Using student services 10.0.10 ____ (guidance, tutoring services, etc.) Participating in daycare or kindergarten activities 10.0.11 ____ Taking courses at home (correspondence courses, 10.0.12 modular, tele-university, etc.) Taking specialized courses (physical education, 10.0.13 ____ music, computers, etc.)

Answer the following two questions. **Ouestion 2 Question 1** (Check the appropriate boxes.) B Type of A Level of Level of Accomplishment **Assistance** Satisfaction For each of the following life habits, indicate (Check only 1) (Check 1 or more, (Check only 1) A. How the person generally accomplishes it, as required) Accomplished by a proxy More or less satisfied B. The type of assistance required to accomplish it. Not accomplished Human assistance Very dissatisfied Assistive device With difficulty For each of the following life habits, indicate Dissatisfied the level of satisfaction with the way it is accomplished. Note: Keep in mind that answers should reflect the person's usual way of carrying out life habits. If you are a student, check your current educational level Pre-school ○ Elementary ○ JR and SR high School Vocational College University Other 10.1 10.2.1 10.2.2 10.3.1 10.3.2 10.3.3 10.4 **Seeking Employment** (If you are not seeking employment, check here and go to the next section.) Choosing a trade or profession 11.2.1 Seeking a regular job (preparing a resume, 11.2.2 contacting an employer, interview, etc.) Seeking temporary employment 11.2.3 (seasonal, student employment, etc.) Using placement and quidance services 11.2.4 (other than those in the school environment) **Paid Employment** Holding a paid job (If you are not currently 11.3.1 working, check Not accomplished.) Interacting with colleagues 11.3.2 Using the infrastructures of your place of 11.3.3 employment (cafeteria, staff room, personnel services, etc.) **Volunteer Employment** Doing volunteer work as your main occupation 11.4.1 Carrying out family or domestic tasks as your 11.4.2 main occupation Carrying out volunteer activities as a secondary 11.4.3 occupation Attending a day-center as a principal occupation 11.4.4 📖 Getting to, entering, and moving around 11.4.5 within your place of occupation, paid or not

(work, study, volunteer, day-center, etc.)

^{*} If you checked Not accomplished, all other items in this sections should be checked as Not applicable.

Answer the following two questions. (Check the appropriate boxes.)

- 1 For each of the following life habits, indicate A. How the person generally accomplishes it,
 - B. The type of assistance required to accomplish it.
- For each of the following life habits, indicate the level of satisfaction with the way it is accomplished.

Note: Keep in mind that answers should reflect the person's usual way of carrying out life habits.

Question 1 Question 2 A Level of B Type of Level of Accomplishment Satisfaction Assistance (Check only 1) (Check 1 or more, as required) Accomplished by a proxy More or less satisfied Not accomplished Human assistance Very dissatisfied Assistive device Not applicable With difficulty No assistance

Check the square corresponding to your current employment status

○ Regular full-time	 Regular part-time 															
○ Temporary full-time	Temporary part-ti	me		\subset) Un	emp	oloye	ed								
Sports and Games																
Choosing your sporting activi	ties and games									•	10		Q			12.1.1
Planning your sporting activit	ties and games				0					0	10	P		Q		12.1.2
Practicing individual indoor s (swimming, gymnastics, etc.)	porting activities	9	9		0,		9				9		3			12.1.3
Practicing individual outdoor (swimming, jogging, etc.)	sporting activities	0	1	N		9	O		3	0		•		•		12.1.4
Playing individual indoor gar (toys, puzzles, crosswords, etc.		•		9	9			•	•			•		•		12.1.5
Playing individual outdoor go (toys, sandbox, etc.)	umes	U	9		•	•	•					•		•		12.1.6
Playing group indoor sports (basketball, volleyball, etc.)		•		•		•	•	•	•	•		•	•	•		12.1.7
Playing group outdoor sports (soccer, football, baseball, etc.		•	•	•		•	•	•	•	•		•	•	•		12.1.8
Playing group indoor games (toys, games, etc.)			0								0				12.1.9
Playing group outdoor games	(ball, croquet, etc.)			0					0			0				12.1.10
Taking part in outdoor recreat (camping, hiking, bird observ		•		•	•	•	•	•	•	•		•	•	•	•	12.1.11
Attending a sporting event				0								0				12.1.12
Using sports facilities in your	neighborhood			•								0				12.1.13 📖
Playing board games and car (chess, monopoly, bingo, etc.)	ds	•		•	•	•	•	•	•	•	•	•	•	•	•	12.1.14
Practicing games of skill (archery, video games, etc.)		•		•	•	•	•	•	•			•	•	•		12.1.15
Using pleasure boats (rowboat, canoe, sailboat, yac	cht, etc.)	•		•		•	•	•	•	•	•	•	•	•		12.1.16
Driving motorized recreations	ıl vehicles															12.1.17

Answer the following two questions. (Check the appropriate boxes.)

- For each of the following life habits, indicate A. How the person generally accomplishes it,
 - B. The type of assistance required to accomplish it.
- For each of the following life habits, indicate the level of satisfaction with the way it is accomplished.

Note: Keep in mind that answers should reflect the person's usual way of carrying out life habits.

Quest	ion 1	Question 2
A Level of Accomplishmen (Check only 1)	B Type of Assistance (Check 1 or more, as required)	Level of Satisfaction (Check only 1)
No difficulty With difficulty Accomplished by a proxy Not accomplished Not applicable	Assistive device Adaptation Human assistance	Dissatisfied More or less satisfied Very satisfied

Arts and Culture												
Choosing your artistic or cultural activities	0 0			•				20	10			12.2.1
Planning your artistic or cultural activities	0 0								V	D		12.2.2
Going to the movies, theater, or concerts	0 0				9			7 9				12.2.3
Visiting an exhibit (museum, art gallery, etc.)	0 0						1		N			12.2.4
Sightseeing (visiting historical and natural sites)	0,0	V								Q	d	12.2.5
Practicing artistic activities (music, painting, dance, theater, etc.)	20	1	0					1	10		•	12.2.6
Using cultural recreational facilities in your neighborhood (library, municipal leisure center, recreational organizations, etc.)				9								12.2.7 📖
Getting to, entering, and moving around in your neighborhood recreational center	0	9	9		•					•		12.2.8
Doing handicrafts or other activities (sewing, gardening, hobbies, crafts, etc.)												12.2.9
Preparing trips and traveling	0 0											12.2.10

Comments

Use the following lines for general comments or remarks related specifically to one or more of the categories in terms of

- a) The level of accomplishmentb) The type of assistance requiredc) The level of satisfaction

or for general comments pertaining to any other aspect of this questionnaire.



